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- Broken or chipped teeth
- Dark or stained teeth
- Misshaped or crooked teeth

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before



after



before



after



before



after

actual patients



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Dental spas

Heated neck wraps and warm paraffin wax treatments aren't something you expect in the waiting room of a dentist's office, but a new trend in dental spas provides such luxuries, and patients are loving every minute of it.

Atlantic Dental in Ocean City made the move to dental spa in January 2005. According to Dr. Geoffrey Robbins at



Atlantic Dental, "People avoid visits to the dentist, in part, because of the sights, sounds, and smells. To put patients at ease, we took away those bad elements and replaced them with a pleasant atmosphere."

Terry Huston, Atlantic Dental's office manager, agrees. "People walk in with the 'wow' factor," she explains, referring to the belly-warming pillows, a fully stocked juice bar, and foot massagers. Best of all, such luxuries come at no extra cost to the patient.

Dr. Kimberly Baer, who opened her practice in 2002 and later transformed it into Bethesda Dental Spa, explains that the idea originated to help accommodate anxiety-ridden patients who often avoid check-ups. "There's no reason to suffer," she says. "We try to make it look as little like a dentist office as possible. We keep everything dentist-like hidden and we have a waterfall and hot tea in the waiting room."

Despite the luxuries, Dr. Robbins maintains that the dentists at Atlantic Dental are as highly qualified as any other dentist. "We keep up with our education," says Dr. Robbins, who has attended the Las Vegas Institute for Advanced Dental Studies several times to complete hands-on cosmetic dentistry courses.

So, if you avoid regular check-ups because of anxiety, or you simply want to pamper yourself, scheduling an appointment at a dental spa may be the best way to put a smile on your face.—K.T.



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